



Becoming An Outdoors-Woman is a program focused on learning outdoor skills often associated with hunting and fishing, but useful for many outdoor pursuits. An exciting opportunity for women 18 years of age or older, who:

- are beginners who want the opportunity to learn new outdoor skills;
- are experienced, but want to improve their skills or try a new challenge;
- want to meet other people who are interested in the outdoors.

Challenge Yourself!

Learn New Skills!

BOW Fall Weekend

September 8, 9, 10, 2017
Rockywold-Deephaven Camps
Holderness, NH

The fall BOW weekend is our biggest event of the year. Participants choose from topics such as: Fishing, Shooting Sports, Hiking, Outdoor Cooking, Hunting, Map and Compass, Kayaking, Canoeing and others. The cost is \$335, which includes instruction, materials, use of equipment, all meals and two nights lodging. Registration opens June 5, 2017. Limited to 140 participants.

Winter BOW

Date TBA – February 2018
Owl Brook Hunter Education Center
Holderness, NH

Winter BOW is a cure for cabin fever! Participants in this one-day workshop choose one of four courses: Ice Fishing, Snowshoeing and Tracking, Shoe and Shoot or Winter Survival. The cost is \$55, or special rate of \$25 for ages 18-25. Instruction, program materials, use of equipment and lunch are included. Registration opens January 8, 2018. Limited to 68 participants.

Register Early – Events fill up fast!



Beyond BOW courses are more in-depth, focusing on one topic, giving women the skills to become more independent and be able to do the activity outside of an organized class. Beyond BOW offers an opportunity to network and find like-minded people to share these activities with. The 2017 events are listed below; check our website at nhbow.com for the latest information.



Explore Winter Hiking

Three sessions – must attend all

Feb. 15 & Mar. 2017 (6-8 pm)

Fox State Forest, Hillsborough, NH

Mar. 4, 2017 (day hike)

Wapack Trail, North Pack Monadnock

Winter hiking is rewarding, yet challenging, and requires good preparation, detailed planning and specialized equipment. During the two Wed. evening sessions you will learn how to prepare for a winter hike; at the third session we will hike the Wapack Trail (3.5 miles round-trip). Recent hiking experience required. Cost: \$55. Registration opens January 3, 2017. Limit: 12

Deep Sea Fishing Adventure

June 4, 2017

7:00 am – 3:30 pm

Aboard "The Yellowbird"
State Pier, Hampton, NH

Let's Go Fishing instructors will teach you techniques for reeling in the big ones! Learn how to use saltwater fishing rods and reels; how to bait the hook and land a fish; how to identify saltwater fish and what you can catch off N.H.'s coast! Use of rods, reels and bait included. Cost: \$75. Registration opens April 10, 2017. THIS ADVENTURE FILLS FAST! Limit: 24.

Duck, Duck, Goose

An introduction to Waterfowl Hunting

August 12, 2017

8:30 am – 4:00 pm

Owl Brook Hunter Education Center
Holderness, NH

Ever thought about hunting ducks and geese? Don't have a dog or a fancy duck boat or a bunch of decoys? Don't worry, you can still get out there and have a great time! This workshop will cover duck biology, basic hunting techniques, essential gear and staying safe when enjoying this great outdoor pursuit. Cost: \$55. Registration opens June 26, 2017. Limit: 20.



Sponsored by:

New Hampshire Fish and Game Department
New Hampshire Wildlife Federation



BOW programs flyer 2017.indd

For more information, course descriptions and registration information, go to: nhbow.com